



## Highlights



### For Computer Users

- Promote fitness and comfort as you compute, reducing potential back and neck pain by adding movement into your work routine in a truly ergonomic workstation
- Easily and simultaneously lift LCD screens to proper height for unsurpassed ergonomic comfort.
- On-demand sit-stand workstation—improve your energy and productivity by standing or sitting as you work, and then switch positions whenever you choose. This work style encourages healthy movement throughout the day

### For IT and Facilities Staff

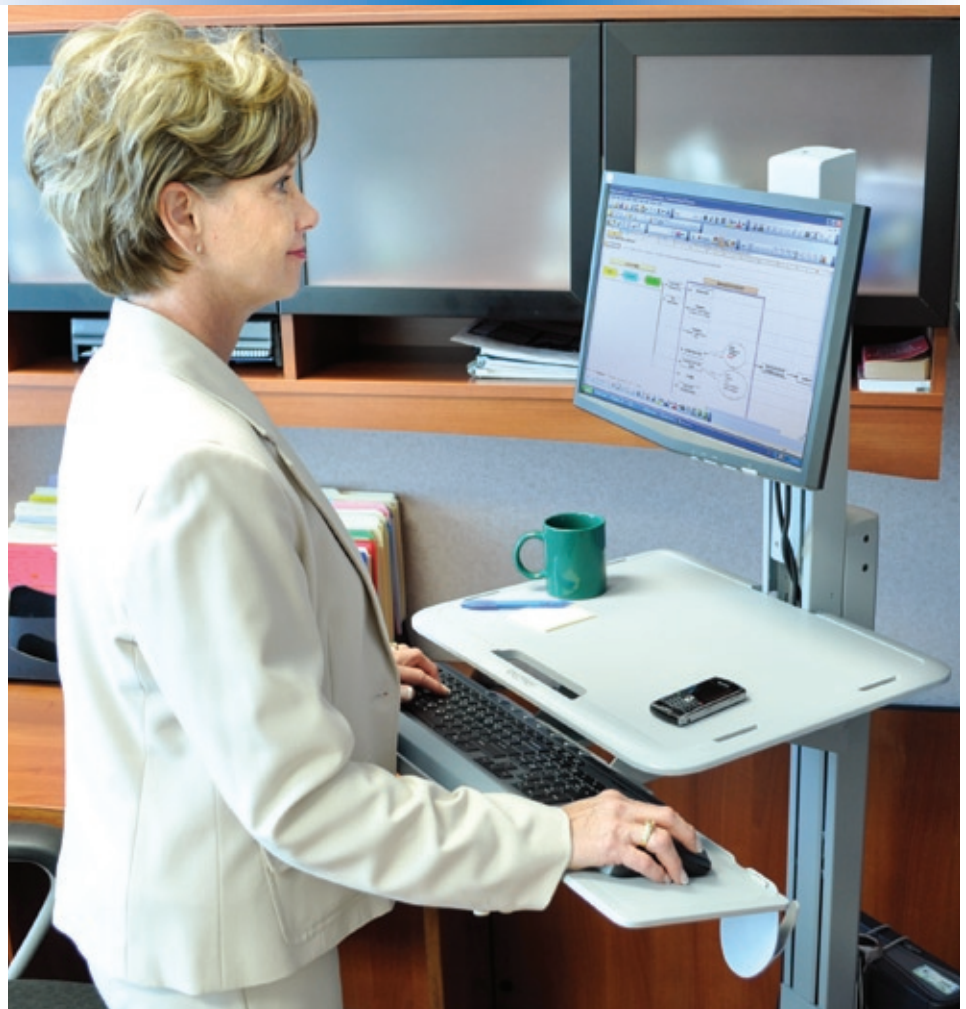
- IT deployment friendly—set aside several fully equipped WorkFit C-Mods for temporary workers or telecommuter work pods; roll to the place of need (easily stored and ready to roll)
- Modify existing office spaces or cubes by simply removing a section of worksurface and rolling in the sit-to-stand WorkFit, without the cost of expensive professional installers
- Safe and neat routing of cables through the expansive cable management storage area
- Flexible, open-architecture design is scalable for future computer equipment

### For HR/Risk Management and Company Cost Savings

- Manage the cost of healthcare premiums by promoting wellness in the daily work routine
- Provide standing work platforms for employees without having to buy expensive height-adjustable chairs

# Ergotron®

## WorkFit C-Mod



## Energize your body. Exercise your mind. WorkFit: The platform for balance.

Stay energized and productive while you compute—move from a sitting to a standing position whenever you want. *This mobile workstation's large worksurface and ergonomic, height-adjustable keyboard tray and display make computing comfortable for prolonged periods.* Counterbalanced adjustment points allow instantaneous, tool-free re-positioning while you work! Features include 25" (63 cm) total height adjustment, a small footprint and advanced cable management.

- ① VESA® compliant
- ② Lift range: LCD/notebook/worksurface adjusts 20" (51 cm) in tandem; LCD adjusts 5" (13 cm) independently; maximum LCD height adjustment = 25" (63 cm)
- ③ Large worksurface dimensions: 22"W x 17"D (56 x 43 cm)
- ④ Ergonomic negative-tilt keyboard tray with left or right mouse tray ensures wrists remain in a neutral position during data entry—avoid repetitive-stress injuries while increasing comfort and productivity
- ⑤ Durable, easy-to-clean exterior composed of aluminium, high-grade plastic and powder coated painted steel
- ⑥ Cable management storage box
- ⑦ CPUs attach safely to rear of cart with CPU Holder: adjusts from 12"H x 3"D to 18"H x 8.5"D (30 x 8 cm to 46 x 22 cm). CPU Holder capacity = 40 lbs (18 kg)
- ⑧ Four dual casters—lockable front casters. Wheel-to-wheel base dimensions: 17"W x 20.5"D (43 x 52 cm)



LD LCD Size	Weight Capacity*	Lift	Tilt	Pan	Rotation	VESA†
≤ 22"	5–18 lbs 2.3–8.1 kg	25" 63 cm	25°	—	360° P/L	MIS-D

\*Maximum load on height-adjustment assembly = 37 lbs (16.8 kg). Includes weight of display in addition to contents on Worksurface and in Cable Storage Box. LCD pivot capacity = 5–18 lbs (2.3–8.1 kg)

HD LCD Size	Weight Capacity*	Lift	Tilt	Pan	Rotation	VESA†
≤ 30"	16–30 lbs 7.3–13.6 kg	25" 63 cm	30°	—	360° P/L	MIS-D/E/F

\*Maximum load on height-adjustment assembly = 37 lbs (16.8 kg). Includes weight of display in addition to contents on Worksurface and in Cable Storage Box. LCD pivot capacity = 16–30 lbs (7.3–13.6 kg)

Dual LCD Size*	Weight Capacity**	Lift	Tilt	Pan	Rotation	VESA†
≤ 22"	12–28 lbs 5.45–12.7 kg	25" 63 cm	—	—	360° P/L	MIS-D/E

\*Maximum outside width of display is 22" (56 cm). This is typically the horizontal dimension of a 22" diagonal screen-size monitor

\*\*Maximum load on height-adjustment assembly = 37 lbs (16.8 kg). Includes weight of displays in addition to contents on Worksurface and in Cable Storage Box. LCD capacity = 12–28 lbs (5.45–12.7 kg) total. Note: monitors must be equal in weight or +/-1 pound (.45 kg)

Combo Screen Size	Weight Capacity*	Lift	Tilt	Pan	Rotation	VESA†
≤ 20"	12–26 lbs 5.4–11.8 kg	25" 63 cm	30°	—	360° P/L	MIS-D/E

\*Maximum load on height-adjustment assembly = 37 lbs (16.8 kg). Includes weight of displays in addition to contents on Worksurface and in Cable Storage Box. Laptop = 6–10 lbs (2.7–4.5 kg); monitor = 6–16 lbs (2.7–7.2 kg)

Product Name	WorkFit C-Mod, LCD mount, LD 24-198-055 (two-tone-grey)
Part Number	WorkFit C-Mod, LCD mount, HD 24-197-055 (two-tone-grey) WorkFit C-Mod, Dual 24-196-055 (two-tone-grey) WorkFit C-Mod, Combo 24-195-055 (two-tone-grey)
Product Includes	All: cart, integrated worksurface, keyboard tray with left/right mouse tray, scanner holder bracket, mouse holder, cable storage box, CPU holder, four dual casters (two locking) 24-198-055, 28-197-055: LCD pivot 24-196-055: crossbar with two (2) LCD mounts 24-195-055: laptop platform, one sliding monitor bracket
Shipping Dimensions	45.5"H x 19.75"W x 24"D (116 x 50 x 61 cm)
Shipping Weight	24-198-055: 72 lbs (33 kg) 28-197-055: 94 lbs (42.5 kg) 24-196-055: 94 lbs (42.5 kg) 24-195-055: 98 lbs (44.6 kg)
Warranty	5 years
†Compatible Display(s)	See <a href="http://www.ergotron.com">www.ergotron.com</a> for details



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